

Ashby Community Education Spring Classes 2020

COOKING —

HOME MADE ENGLISH MUFFINS - Here is an Easter Treat everyone will love...made from scratch! English Muffins! Learn how to make home made English Muffins. This is a great treat for your family during the Easter Season. The taste of the muffins do not compare to any of the store bought types. They are easy to make. All students will take some home. **Instructor: Catherine Anderson-Barnes. Location: Ashby School Cafeteria. Date: Thursday, March 19. Time: 6:30 p.m. Class Fee and Ingredients are \$12.**

HOMEMADE RASBERRY JALAPENO JELLY - Classic raspberry jelly gets a spicy kick when you add jalapenos to the recipe. Making fancy jelly out of juice from fruit you froze last season can be a fun activity while we wait for Summer to return. We will work in pairs to make 4 1/2 pint jars of raspberry jalapeno jelly. Fee includes lids, sugar, pectin and raspberries. Bring 4 of your own 1/2 pint jelly jars or can purchase at class. **Instructor: Deb Trygstad. Date: Thursday, April 16. Time: 6 p.m. Fee: \$10. Location: Ashby School Cafeteria.**

DO-IT-YOURSELF/OTHER —

BASIC HOME WIRING AND INTRODUCTION TO HOME AUTOMATION - Learn the basics of home wiring. Information needed to replace switches and receptacles, as well as electrical safety and tools will be covered. This class will also cover how to use a smart phone and/or tablet in controlling lights, locks, thermostats and security cameras. This is an introduction into what kinds of products are available, where to get them and how to get them installed. A great tool for you snowbirds! **MUST HAVE 5 STUDENTS! Instructor: LeAnn Jaenisch. Date: Tuesday, March 10. Time: 6-8 p.m. Location: Ashby School Library. Fee: \$8 per person.**

SMART PHONE CLASS - Computers are here to stay. Now that they're in our pockets we should know how to use them to the full. Includes all brands of phones including phones with Apple iPhone and Google Android devices. Basics of cell phone operation will be covered with a few helpful advanced techniques to make your life easier. Students will get all questions answered and get contact information from the instructor for future questions. Basics of how to search for solutions on your own will also be covered in order to help students be more independent, if desired. **Phone Expert: Micah Sheppard. Date: Thursday, March 12. Time: 7-9 p.m. Location: Ashby School Media Center. Fee: \$20.**

HEALTH —

DITCH THE WORKOUT! Come dance yourself into better shape! Zumba is a total workout combining all elements of fitness-cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class! You will leave feeling energized and strong! Join us Wednesday nights at the Ashby School. **Time: 6-7 p.m. Instructor: Char Stack. Dates: February 19-March 11. Fee: 4 sessions \$16. Location: Ashby School Gym.**

CHIROPRACTIC CARE IS HELPFUL! Come Join Dr. Zack for FREE health talk. Learn more about what chiropractic care can do for you. We will talk about what conditions chiropractic can help with, the safety of Chiropractic care, as well as how to find a quality Chiropractor. A question and answer session will follow the talk. **Minimum: 3. Instructor: Dr. Zach. Date: Monday, February 24. Time: 7 p.m. Location: Ashby School Library. Fee: \$2 Community Education Fee.**

GOOD NUTRITION IS A MUST - Dr. Zack is back again to give another FREE health talk. Come and learn about how important nutrition is for your everyday health. We will discuss how nutrition can lead to a boost in energy, weight loss, and better control of chronic health problems. A question and answer session will follow the talk. **Minimum: 3. Instructor: Dr. Zach. Date: Monday, March 23. Time: 7 p.m. Location: Ashby School Library. Fee: \$2 Community Education Fee.**

HOBBIES/CRAFTS/GARDENING —

SNOW CANDLES - Join Grant County 4-H Educator, Rebecca Haider, for an afternoon of learning and fun all about SNOW! We'll explore how snow forms and use the snow outside to make unique candles that you can take home. "The hot and the cold are both so intense - put them together, it just makes sense!" All students will need appropriate snow apparel and a signed 4-H form (available from Comm Ed) to attend. Youth in grades 3-6 preferred; youth K-2 welcome with an adult helper. **Instructor: Rebecca Haider. Date: Monday, February 24. Time: 5 p.m. Fee: \$2.**

POLLINATOR LAWNS AND TURF ALTERNATIVES - We love our lush green lawns, maybe a bit too much? Join us to learn what else we can plant to benefit the bees and birds, while also keeping some green turf. We will discuss lawn alternatives that are more environmentally friendly that will keep your backyard buzzing while also saving you time and money. Participants will receive an informational folder full of great publications and several prizes will be given away from local plant specialists. **Instructor: Adam Hjelm, Sauk River Watershed District Education Coordinator. Date: Monday, April 13. Time: 6-7 p.m. Location: Ashby School Library. Fee: \$5.**

DESIGNING AND PLANTING EFFECTIVE BASKETS AND PLANTERS - Join us for a hands-on class for designing effective planters and hanging baskets. Go beyond the centered spike and geranium planter to incorporate new plants that integrate height, length, texture, growth habits, and light requirements. Discover new flowers, vegetables and herbs to use for attractive plantings that will thrive from spring through fall! All participants will have a chance to plant and bring home a hanging basket or planter. **Location: Miltona Greenhouse. Date: Saturday, April 25. Time: 1-2:30 p.m. Cost: \$30 You will take home a planter. If it is cold to bring home the greenhouse will care for them until Mother's Day. Transportation: If you need a ride call-Marie 218-770-4740. Please sign up at the Ashby School.**

SPRING LAWN PREP - Let's get things greened up and growing! Lawn care can be expensive and puzzling. Learn some simple tips and techniques that can help you get the best performance out of your yard while saving some cash and preventing pollution. We will answer your questions about watering, fertilizing, weed identification and so much more to make your lawn the best it can be. Participants will receive an informational folder full of great publications and several door prizes will be given away from local plant specialists. **Instructor: Adam Hjelm, Sauk River Watershed District Education Coordinator. Date: Monday, May 4. Time: 6-7 p.m. Location: Ashby School Library. Fee: \$5.**

INSURANCE —

SAVE ON YOUR CAR INSURANCE WITH DEFENSIVE DRIVING (8-HOUR INITIAL COURSE) - Saving Money, Saving Lives! If you are 55 or older, save money on your car insurance premiums and become a better driver! Minnesota law requires insurance companies to offer you a 10% reduction for three years if you complete the National Safety Council's Defensive Driving Course, taught by professional, certified instructors. The course is two sessions of classroom - no driving or test required. You will receive a certificate of completion to provide to your insurance company. Attendance at both sessions is required to receive credit. **Dates: Tuesday, April 28 and Thursday, April 30. Time: 6-10 p.m. Location: Ashby School Media Center. Fee: \$18.**

DEFENSIVE DRIVING 55+: REFRESHER COURSE (4-HOUR) - If you have taken a state approved 8-hour Defensive Driving Course (55+) in the past, now you can renew your 10%, 3-year car insurance discount by taking this state-approved, 4-hour refresher course. There's no driving and no test. You will receive a certificate of completion to provide to your insurance company. **Date: Monday, May 4. Time: 6-10 p.m. Location: Ashby School Media Center. Fee: \$18.**

TRIPS/EVENTS —

EASTER FUN! This class is for any elementary student that like to put together a snack and create Easter stick puppets! This class consists of making a bunny trail mix and creating a bunny and chick stick puppet. Join the fun. **Class Helpers: Catherine Anderson-Barnes and Marie Hoffman. Date: Thursday, April 2. Time: 3:15-4:30 p.m. Location: Ashby School Cafeteria. Fee: \$3 per student (not to exceed \$6.00 per family).**

LEGO CHALLENGE WITH 4-H - All actively enrolled 4-H'ers in grades 3+ and their parents. Not a current 4-H member? That's OK!! Show up and we will get you signed up! Pizza and LEGO challenge kickoff - eat, meet and build. **Location: Ashby School Cafeteria. Date: Monday, April 6. Time: 6-7:30 p.m. Fee: \$3 per person for pizza.**

MOVIN' AND GROOVIN' IN GRANT COUNTY. GRANT COUNTY FUN FEST AND EXPO. Grant County FUN Fest and Expo's theme this year is "Movin' and Groovin' in Grant County!". There will be door prizes, music, free refreshments, activities for all ages, booths and displays from all over the Grant County area! Please mark your calendars. **Location: Ashby School. Date: Saturday, April 25. Time: 9 a.m. to 12 noon. Free event and everyone is welcome!**

DISNEY ON ICE - Hit the road with Mickey and his pals for a high-octane road trip adventure. Exciting twists and turns await as Mickey, Minnie, Goofy and you embark on a wild ride to your favorite Disney destinations. See the world from the rooftops of London, travel to sun-soaked Motunui, set off on a safari to the Pride Lands. Discover a whole new world as you're swept up in a princely parade and play at a larger-than-life carnival. A fun-filled getaway jam-packed with unexpected hijinks and up-close character interactions! **Minimum: 20. Chaperone: Marie 218-770-4740. Date: Saturday, March 14. Time: Bus leaves the school at 7 a.m. to the Target Center. Cost: \$40 per person.**

MUSIC MAN AT THE CHANHASSEN DINNER THEATER - Get into a little trouble with Meredith Willson's five-time Tony Award-winning musical featuring the unforgettable songs "Seventy-Six Trombone," "Ya Got Trouble", "Wells Fargo Wagon" and "Till There Was You". Don't miss this classic, all-American musical for every generation. **MUST HAVE 12 PEOPLE! Chaperone: Marie 218-770-4740. Date: Wednesday, June 10. Time: The vans will depart 8 a.m. Cost: \$80 includes transportation, meal and show).**

Any ideas or would like to teach a class, please email Marie at marieh@rmcep.com or put suggestions in Marie Hoffman's mailbox at the Ashby School or call/text 218-770-4740.

REGISTRATION FORM

Make checks payable to: Ashby Public School

Mail to: Community Education, c/o Ashby Public School
PO Box C, Ashby, MN 56309

Name _____

Address _____

City _____

Telephone (Home) _____

Telephone (Business) _____

Course(s) _____

Amount Enclosed \$ _____