

Ashby Public School Quarantine Guidelines (Update)

<p>IF YOU Were exposed to COVID-19 and are NOT up-to-date on COVID-19 vaccinations</p>	<p>Quarantine for at least 5 days from school.</p> <p>or</p> <p>Wear a well-fitted mask if you must be around others at school for 10 days.</p> <p>If participating in sports, students may play in the activity but must wear a mask while on the bench.</p>	<p>After quarantine</p> <p>Watch for symptoms</p> <p>Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.</p> <p>If you develop symptoms Isolate immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others.</p>	<p>Take precautions until day 10</p> <p>If living in the same household as a positive case, you must quarantine at home until the end of the positive case, unless you are able to isolate the positive case and there is no further contact. For clarification please call the office.</p>
<p>IF YOU Were exposed to COVID-19 and are up-to-date on COVID-19 vaccinations</p>	<p>No quarantine needed</p> <p>You do not need to stay home unless you develop symptoms.</p> <p>You do not need to wear a mask</p>	<p>Watch for symptoms</p> <p>Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.</p> <p>If you develop symptoms Isolate immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others.</p>	<p>Take precautions until day 10</p>
<p>Calculating Isolation</p> <p>Day 0 is your first day of symptoms or a positive viral test. Day 1 is the first full day after your symptoms developed or your test specimen was collected. If you have COVID-19 or have symptoms, isolate for at least 5 days.</p>			
<p>IF YOU Tested positive for COVID-19 or have symptoms, regardless of vaccination status</p>	<p>Stay home for at least 5 days</p> <p>Stay home for 5 days and isolate yourself from others in your home.</p> <p>When you return to school you will need to wear a well-fitted mask if you must be around others in school until 10 days from the onset of symptoms.</p>	<p>Ending isolation if you had symptoms</p> <p>End isolation after 5 full days if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving.</p> <p>Ending isolation if you did NOT have symptoms</p> <p>End isolation after at least 5 full days after your positive test.</p>	<p>Take precautions until day 10</p> <p>Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public.</p>