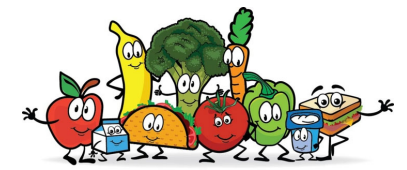



November 2022 Breakfast and Lunch Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Asst. Danish or Cereal Cook's Choice	2 Breakfast Bar or Cereal Tomato Soup, Grilled Cheese	3 Mini Bagel or Cereal Hamburger Gravy, Mashed Potatoes, Corn	4 Yogurt Parfaits or Cereal Quesadilla, Lettuce Salad	5
6	7 Bagels w/ Cream Cheese or Cereal French Bread Pizza. Lettuce Salad	8 Poptarts or Cereal Chicken Nuggets, French Fries	9 Donuts or Cereal Turkey Wrap, Chips w/ Salsa, Veggies	10 Blueberry Muffins or Cereal Chicken Pot Pie over Biscuits	11 NO SCHOOL	12
13	14 Long Johns or Cereal Pulled Pork Sandwich, Coleslaw	15 Granola Bars or Cereal Spaghetti Hotdish, Garlic Toast	16 Asst. Danish or Cereal Popcorn Chicken, Mac& Cheese	17 Uncrustables or Cereal Mini Corndogs, French Fries	18 Cini Minis or Cereal Hot Dogs, Baked Beans, Chips	19
20	21 Poptarts or Cereal BBQ's, Baked Beans, Chips	22 Breakfast Bars or Cereal Chicken Alfredo, Breadsticks	23 Yogurt Parfaits or Cereal Cook's Choice	24 No School  Happy Thanksgiving	25 No School	26
27	28 Blueberry Muffins or Cereal Deli Sandwich, Chips w/Salsa	29 Cini Minis or Cereal French Toast Sticks, Sausage, Tri-Tators	30 Donuts or Cereal Hamburger, French Fries			

Fat Free Skim, 1 %, & Fat Free Skim Chocolate Milk, Fruit, and 100% Juice served daily. Menus are subject to change