

# January 2019

# Breakfast and Lunch Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31	1 <b>NO SCHOOL</b>	2 Cereal  Quesadilla, Black Beans, Lettuce Salad	3 Granola Bar, Yogurt  Chicken Patty, Oven Potatoes	4 Yogurt Parfait, Granola, Fruit  Shrimp Poppers, Mac & Cheese	5
6	7 Cereal  Chili, Grilled Cheese	8 Breakfast Pizza  Scalloped Potatoes w/Ham, Peas	9 Uncrustable, String Cheese  French Toast Stix, Sausage Links, Hashbrown Patty	10 Chex Mix, Yogurt  Boneless Chicken Wings, Wedges	11 Cereal  Super Nacho w/Fixings	12
13	14 Cereal  Chicken Strips, Waffle Fries	15 Ham & Cheese Omelet, Toast  Cook's Choice	16 Blueberry Muffin, String Cheese Hamburger Gravy, Mashed Potatoes, Carrots	17 Cereal  Teriyaki Chicken, Rice, Green Beans	18 <b>NO SCHOOL</b>	19
20	21 Cereal  Hamburger w/Bun, French Fries	22 Bagel, Yogurt  Pizza, Corn	23 Assort Rolls, String Cheese  Spaghetti w/Meatballs, Lettuce Salad	24 Uncrustable, Yogurt  Turkey Wrap, Coleslaw, Baked Chips	25 Cinnamon Roll, String Cheese  Hotdog w/Bun, Baked Beans	26
27	28 Cereal  Chicken Alfredo, California Blend Veggies, Breadstick	29 Mini Bagel, String Cheese  Cook's Choice	30 Granola Bar, Yogurt  Beef Enchilada, Spanish Rice	31 Cook's Choice  Max Cheese Sticks, Marinara Sauce		

Skim, 1 %, & Fat Free Chocolate Milk available with Breakfast and Lunch daily. Assorted Fruit Juices available with Breakfast daily. Fruit and Veggie Bar available daily.

Menus are subject to change.