

# September 2022

# Breakfast and Lunch Calendar



Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
				1	2	3
4	5	6 Cereal or Blueberry Muffins  Chicken Bacon Ranch Flatbread Pizza, Lettuce Salad, Fruit	7 Cereal or Danish  Mini Corndogs, Assorted Fries, Fruit	8 Cereal or Mini Bagels  Turkey Wrap, Chips w/ Salsa, Veggies, Fruit	9 Cereal or Chocolate Chip Oatmeal Bar Soft Shell Taco's w/ Fixings, Spanish Rice, Lettuce, Fruit	10
11	12 Cereal or Donuts  Popcorn Chicken, Mac & Cheese, Veggies, Fruit	13 Cereal or Cini Minis  Hamburger w/Bun, Fries, Veggies, Fruit	14 Cereal or Poptarts  Quesadillas, Lettuce Salad, Fruit	15 Cereal or Danish  French Toast Sticks, Sausage Links, Tri Tators	16 Cereal or Granola Bar  All Beef Hotdogs, Baked Beans, Fruit	17
18	19 Cereal or Bagels  Pulled Pork, Cole Slaw, Chips, Fruit	20 Cereal or Uncrustables  Chicken Strips, Mashed Potatoes w/Gravy, Veggies, Fruit	21 Cereal or Breakfast Sandwich Lasagna Bake, Garlic Toast, Corn, Fruit	22 Cook's Choice  Cook's Choice	23 Cereal or Mini Pancakes  Super Nachos w/Meat, Cheese, Lettuce, Fruit	24
25	26 Cereal or Breakfast Pizza  Chicken Pot Pie over Biscuits, Veggies, Fruit	27 Cereal or NutriGrain Bars  BBQ's, Chips, Baked Beans, Fruit	28 Cereal or Waffle Sticks  Pepperoni Flatbread Pizza, Lettuce Salad, Fruit	29 Cereal or Blueberry Muffins Chicken Alfredo, California Blend Veggies, Breadsticks	30 Cereal or Yogurt Parfaits  Bosco Sticks, Marinara Sauce, Lettuce Salad	

Fat Free Skim, 1 %, & Fat Free Skim Chocolate Milk, Fruit, and 4 oz. Juice served daily. Menus are subject to change.