

September 2021

Breakfast and Lunch Calendar



| Sun. | Mon. | Tues. | Wed. | Thurs. | Fri. | Sat. |
|------|---|---|---|---|---|------|
| | <p>***Beginning September 13th***</p> <p>Alternate Meal—Salad Bar offered daily for Grades 5th-12th. Fresh Veggie and Fruit Bar offered everyday for ALL Students.</p> <p>*****</p> | | 1 | 2 | 3 | 4 |
| 5 | 6 | <p>7</p> <p>Assorted Muffins, String Cheese, Fruit, Juice, Milk CBR Flatbread Pizza, Lettuce Salad, Fruit</p> | <p>8</p> <p>Mini Bagel, Fruit, Juice, Milk Hamburger/Bun, Oven Potatoes, Pasta Salad, Fruit</p> | <p>9</p> <p>Granola Bar, Go-Gurt, Fruit, Juice, Milk Taco-in-a-Bag w/Fixings, Fruit</p> | <p>10</p> <p>Cini Mini, Fruit, Juice, Milk All Beef Hotdog w/Bun, Baked Beans, Fruit</p> | 11 |
| 12 | <p>13</p> <p>Poptart, Go-Gurt, Fruit, Juice, Milk Shrimp Poppers, Mac&Cheese, Vegetable, Fruit</p> | <p>14</p> <p>Cereal Bar, Yogurt, Fruit, Juice, Milk Chicken Patty, Oven Potatoes, Fruit</p> | <p>15</p> <p>Donut, String Cheese, Fruit, Juice, Milk Turkey Wrap, Baked Chips, Veggies, Fruit</p> | <p>16</p> <p>Pancake, Fruit, Juice, Milk Chicken Nuggets, Mashed Potatoes w/Gravy, Vegetable, Fruit</p> | <p>17</p> <p>Breakfast Sandwich, Fruit, Juice, Milk Super Nacho w/Fixings, Black Beans, Fruit</p> | 18 |
| 19 | <p>20</p> <p>Assorted Muffins, String Cheese, Fruit Spaghetti w/Meat Sauce, Vegetable, Garlic Toast, Fruit</p> | <p>21</p> <p>Granola Bar, Go-Gurt, Fruit BBQ w/Bun, Baked Beans, Chips, Fruit</p> | <p>22</p> <p>Donut, String Cheese, Fruit Sweet & Sour Chicken, Brown Rice, Green Beans, Fruit</p> | <p>23</p> <p>Cereal, Fruit Cook's Choice</p> | <p>24</p> <p>Cini Mini, Fruit Pizza, Corn, Fruit</p> | 25 |
| 26 | <p>27</p> <p>Pancake, Fruit Quesadilla, Lettuce Salad, Fruit</p> | <p>28</p> <p>Cereal, Fruit Corndog, Oven Potatoes, Baked Beans, Fruit</p> | <p>29</p> <p>Donut, String Cheese, Fruit Bosco Mozzarella Stuffed Bread Stick, Marinara Sauce, Lettuce Salad, Fruit</p> | <p>30</p> <p>Cereal Bar, Yogurt, Fruit Chicken Alfredo, Steamed Broccoli, Bread-stick, Fruit</p> | | |

Fat Free Skim, 1 %, & Fat Free Skim Chocolate Milk, Fruit, and 4 oz. Juice served daily. Menus are subject to change.