

September 2019

Breakfast and Lunch Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2 No School	3 WG Rolls, String Cheese Pulled Pork Sandwich, Coleslaw, Baked Beans	4 WG Muffins, Yogurt Turkey Wrap, Baked Chips, Salsa	5 Assorted WG Cereals Shrimp Poppers, Oven Potatoes	6 Yogurt Parfait, Granola, Fruit Max Cheese Stix, Marinara Sauce, Lettuce Salad	7	
8	9 WG Cereal Walking Taco's w/fixings, Spanish Rice, Black Beans	10 Breakfast Pizza Chicken Nuggets, Mashed Potatoes w/Gravy, Carrots	11 WG Bagel, Yogurt French Toast Stix, Sausage Link, Hashbrown Patty	12 Pop Tart BBQ's, Coleslaw	13 WG Cinnamon Roll, String Cheese Stuffed Crust Pizza, Corn	14	
15	16 WG Cereal, Yogurt Grilled Cheese, Tomato Soup	17 WG Muffin, String Cheese Hamburger w/Bun, Oven Potatoes	18 Yogurt Parfait, Granola, Fruit Chicken Alfredo, Steamed Vegetables, Breadstick	19 Breakfast Bar All Beef Hotdog, Baked Beans	20 Breakfast Pizza Super Nacho's w/fixings	21	
22	23 WG Cereal Spaghetti w/Meat Sauce, Green Beans, Garlic Toast	24 "Try it Tuesday" Something New! Cook's Choice	25 WG Bagel, Yogurt Hot Ham & Cheese, Smiles	26 Ham & Cheese Omelet, Toast Chili, Cornbread, WG Crackers	27 WG Rolls, String Cheese Chicken Quesadilla w/fixings, Black Beans	28	
29	30 WG Cereal Orange Chicken w/WG Rice, Steamed Green Beans	***Alternate Meal – Soup and Salad Bar offered daily for Grades 5th-12th. Fresh Veggie and Fruit Bar offered everyday for ALL Students. ***					