

# January 2021

# Breakfast and Lunch Calendar



| Sun | Mon  | Tue   | Wed   | Thu  | Fri  | Sat |   |
|-----|--|---|---|--|--|-----|---|
|     | <p><b>***Grab and Go Breakfast ***</b></p> <p><b>***No Salad Bar, No Fruit/Veggie Bar***</b></p> <p><b>***At Home Meals may differ from menu.</b></p> <p><b>Alternative cold vegetable will be offered.***</b></p> |   |   |  |  | 1   | 2 |
| 3   | <p>4</p> <p>Cereal</p> <p>Cook's Choice</p>  | <p>5</p> <p>Mini Bagel</p> <p>BBQ's, Baked Beans, Chips, Fruit</p>                | <p>6</p> <p>Granola Bar</p> <p>Boneless Wings, French Fries, Fruit, Veggies</p>           | <p>7</p> <p>Muffins</p> <p>Turkey Wrap, Veggies/Dip, Chips/Salsa, Fruit</p>          | <p>8</p> <p>Danish Roll</p> <p>Bosco Sticks w/Marinara Sauce, Lettuce Salad, Fruit</p> | 9   |   |
| 10  | <p>11</p> <p>Cereal</p> <p>Quesadilla, Lettuce Salad, Fruit</p>  | <p>12</p> <p>Nutrigrain Bar</p> <p>Teriyaki Chicken, WG Rice, Green Beans</p>     | <p>13</p> <p>Mini Pancakes</p> <p>Pasta Bake, Garlic Toast, Veggies, Fruit</p>            | <p>14</p> <p>Chex Mix</p> <p>Cook's Choice</p>                                       | <p>15</p> <p>Oatmeal Chocolate Chip Bar</p> <p>Hotdogs, Baked Beans, Chips, Fruit</p>  | 16  |   |
| 17  | <p>18</p> <p>NO SCHOOL</p>   | <p>19</p> <p>Cinni Minis</p> <p>Chicken Alfredo, Bread Sticks, Veggies, Fruit</p> | <p>20</p> <p>Cereal Bars</p> <p>Corn Dogs, French Fries, Veggies, Fruit</p>               | <p>21</p> <p>Poptart</p> <p>Hamburger/Bun, Baked Beans, Chips, Fruit</p>             | <p>22</p> <p>Muffins</p> <p>Max Cheese Sticks, Lettuce Salad, Fruit</p>                | 23  |   |
| 24  | <p>25</p> <p>Cereal</p> <p>Cook's Choice</p> <p>31</p>   | <p>26</p> <p>Danish Roll</p> <p>Pulled Pork, Cole Slaw, Chips, Fruit</p>          | <p>27</p> <p>Cook's Choice</p> <p>Spaghetti w/Meat Sauce, Lettuce Salad, Garlic Toast</p> | <p>28</p> <p>Granola Bar</p> <p>Shrimp Poppers, Mac &amp; Cheese, Veggies, Fruit</p> | <p>29</p> <p>Mini Bagel</p> <p>Tacos, Spanish Rice, Black Beans, Fruit</p>             | 30  |   |

Fat Free Skim, 1 %, & Fat Free Skim Chocolate Milk, Fruit, and Juice served daily. **\*\* Menus are subject to change \*\***