

## Permission Slip and Event Sign-Up

(Return this page to your teacher.)

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My son/daughter \_\_\_\_\_ will be participating in the track meet on May 19, 2017 at Wadena – Deer Creek High School.

School: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent Signature \_\_\_\_\_ Cell Phone # \_\_\_\_\_

Gold A-B-E Track T-shirt to be worn day of the meet: \$10 checks made to A-B-E Track  
(not required, but kids should wear something that says school name/town)

Kids: Small                  Medium                  Large

Adult : Small                  Medium                  Large                  X-Large

### **Students may sign up for 4 events.**

You are limited to 3 track events or 3 field events. You may have a combination of track and field, but you cannot exceed 4 events.

Please circle events you are interested in trying.

#### **Track Events:**

100 meter hurdles

100 meter dash

800 meter run (1/2 mile)

400 meter relay (this is for 4 people from the same grade)

400 meter dash

200 meter dash

1600 meter run (1 mile)

800 meter relay (this is for 4 people from the same grade)

#### **Field Events:**

Discus

Shot Put

High Jump

Long Jump