

Ashby Community Education Fall Classes 2017

FINANCIAL/SAVINGS/DRIVING —

SAVE ON YOUR CAR INSURANCE WITH DEFENSIVE DRIVING (8-hour Initial Course) — *Saving Money, Saving Lives!* If you are 55 or older, save money on your car insurance premiums and become a better driver! Minnesota law requires insurance companies to offer you a 10% reduction for three years if you complete the National Safety Council's Defensive Driving Course, taught by professional, certified instructors. The course is two sessions of classroom - no driving or test required. You will receive a certificate of completion to provide to your insurance company. Attendance at both sessions is required to receive credit. **Dates - Monday, October 30 and Thursday, November 2. Time - 5:30-9:30 p.m. Location - Ashby School Media Center. Fee - \$18.**

DEFENSIVE DRIVING 55+: REFRESHER COURSE! (4-hour) — If you have taken a state approved 8-hour Defensive Driving Course (55+) in the past, now you can renew your 10%, 3-year car insurance discount by taking this state-approved, 4-hour refresher course. There's no driving and no test. You will receive a certificate of completion to provide to your insurance company. **Date - Wednesday, November 8. Time - 5:30-9:30 p.m. Location - Ashby School Media Center. Fee - \$18.**

SOCIAL SECURITY: YOU HAVE OPTIONS – Retiring and claiming Social Security benefits is different for each of us. What is your best option to maximize your Social Security benefits? Join us to learn some compelling facts about Social Security. You have options, and learning about them may help you make a well-informed decision about when to start receiving benefits. **Instructor - Carol Juul, Thrivent Financial. Date - Thursday, November 16. Time - 5:30-7 p.m. Location - Ashby School Media Center. Fee - \$5.**

RETIREMENT INCOME PLANNING – Every retirement income plan has to balance three main goals: maximize your ability to enjoy your retirement, minimize the chance that you will outlive your money, and manage the financial risk of unwelcome life events such as a serious illness, need for long-term care, etc. What is your strategy to do this? Join us to learn some ways to help you plan for a financially successful retirement. **Instructor - Carol Juul, Thrivent Financial. Date - Thursday, November 30. Time - 5:30-7 p.m. Location - Ashby School Media Center. Fee - \$5.**

HOBBIES —

GROWING AND CARING FOR APPLES AND OTHER COLD HARDY FRUIT IN YOUR HOME GARDEN — Raspberries in the Home Garden- General planting and care guide and discussion relative to the various varieties. Raspberries can be one of the most prolific producers in your garden, but there are a few things that can make growing and caring for your plants easier. We'll review these tricks and answer general questions. We will also touch on common pests and diseases and how to tackle them. Apples in the Home Garden- General planting and care guide and discussion relative to the various varieties. Apples are the most common fruit trees in Minnesota. There are many different varieties with unique characteristic. We'll talk about the different varieties and discuss ways to keep your trees as healthy and productive as possible. **Instructor - Joel Kangas, MN Extension Master Gardener, MN Tree Care Advisor/Advocate and Owner of Good to Grow in Brandon, MN (seller of Bare Root trees, shrubs, canes, and bushes and provider of planting, pruning and general care services). Date - Thursday, October 19. Time - 6:30 p.m. Location - Ashby School Media Center. Fee - \$7. Minimum 5.**

CONTROLLING PESTS IN THE HOME GARDEN — A practical and effective approach to managing/controlling pests and disease in the home garden. Describing the 4 main methods of control and giving examples of each: 1) Cultural 2) Physical 3) Biological 4) Chemical. The methods can be applied to perennials, annuals, trees, bushes, shrubs, grasses, etc. If you grow any kind of plants, this class is for you. **Instructor - Joel Kangas, MN Extension Master Gardener, MN Tree Care Advisor/Advocate and Owner of Good to Grow in Brandon, MN (seller of Bare Root trees, shrubs, canes, and bushes and provider of plant-**

ing, pruning and general care services). Date - Thursday, October 24. Time - 6:30 p.m. Location - Ashby School Media Center. Fee - \$7. Minimum 5.

COLD-PROCESS SOAP — In this single session class you will learn the basics of Cold-Press Soap. We will go over soaping safety, common terms, a little science and history, a few tips and tricks as well as other methods of soap making. Everyone will get a chance to make their own cold-process soap that students can use at home. Upon completion of this class you will have the knowledge to start soaping on your own. **Instructor - Ethan. Date - Thursday, November 30. Time - 5:30-8:30 p.m. Location - Cafeteria. Fee: \$20, includes supplies.**

BERRIES — Can't you just taste them now? Life doesn't get much better than fresh strawberries, raspberries and blueberries. Dr. Struthers will teach you how to grow delicious berries and which varieties are the best for our area. Lewis Struthers is a Master Gardener, beekeeper and retired physician. **Instructor - Master Gardener Lewis Struthers. Date - Tuesday, October 24. Time - 7 p.m. Location - Ashby School Library. Fee: \$7. Minimum 6.**

MARVELOUS HONEY BEES — Winnie the Pooh knows all about honey bees and you can too! Dr. Struthers will discuss how honey gets from the bee to the jar including collecting honey, pollination, life cycle, interesting instincts and characteristics, how bees organize their society and how to get a beehive started. You will have a chance to taste honey samples. He will also give you an annual schedule of the when, what and why of hive care. **Instructor - Master Gardener Lewis Struthers. Date - Monday, November 6. Time - 7 p.m. Location - Ashby School Library. Fee - \$7. Minimum 5.**

TRIPS —

FALL TRIP: APPLE ORCHARD AND PUMPKIN NIGHTS AT FALCON HEIGHTS - A Fall trip to the twin cities! The first stop will be at Deer Lake Apple Orchard in Delano and the second half will be a stop in Falcon Heights for the Pumpkin Lights. The orchard has a corn maze, gift shop, entertainment, animals and pumpkins to pick! The lights festival in Falcon Heights is an a path about a mile long. That has about 4,000 lit pumpkins, pumpkin carving stations, food and activities. **Must register by October 20th. Minimum - 20. Date - Saturday, October 28. Cost - \$35 and \$27 for children 12 and under (cost includes transportation, ticket to the orchard and to pumpkin lights). Must have 20 people. Bus will leave Ashby School at 11 a.m. and return around 11 p.m.**

TOUR OF MNDAK-WAHPETON - A trip to sugar beet country. A 2 hour guided tour in Wahpeton, ND on November 1st. The tour will be a journey of sugar beets entering the plant and the process and procedures to the end result of sugar. Lunch will follow the tour at "The Wilkin." **Date - Wednesday, November 1. Time - Leaving the Ashby School at 8:30 a.m. and returning about 2:30 p.m. Fee - \$10, please bring money for the lunch stop. Chaperone - Marie.**

NUTCRACKER'S NUTS AT DAYTRIPPERS - The Nutcracker's Nuts! is back this Holiday Season! This talented group of actors is ready to entertain you in this great show. Dick Daly, Anita O'Sullivan, Virginia Haggart, Paul Schoenacher, and Holly Windle light up the stage in this story of the residents of Simon's Rest trying to put on a benefit performance of, "The Nutcracker." The residents took this on without realizing the play requires dancing. But they must go thru with the show as it is now sold out. **Date - Wednesday, November 29. Comfortable van will leave the school at 8:30 a.m. and return around 7 p.m. Cost - \$55 includes transportation, play and lunch (salad bar, entree and a side). Registration deadline - Monday, November 20.**

Health —

YIN YOGA – Combine meditation and yoga practice together by learning Yin Yoga. A simple easy yoga that teaches you to relax and breathe into the postures. **Date - Tuesdays in November. Time - 6-7 p.m. Yoga Instructor - Deb Trygstad. Fee - \$20 per person. Location - Ashby School Media Center. Minimum-10 people.**

COOKING —

SOUPS – Cold days bring hot soups (if you know how to make them?). Learn how to make several fabulous, hearty soups in one evening. Each person will learn how to make a variety of soups (chicken and wild rice, chicken noodle, beer cheese, etc.). Each person will take home several recipes too! Come hungry because you will be eating soup. **Instructor - Catherine Anderson-Barnes. Date - Thursday, October 26. Time - 6 p.m. Location - Ashby School Cafeteria. Fee - \$5.**

GIFT IN A JAR – Do you need just a little something for someone this holiday and don't know what to give? This class is for you. Each student will take home a jar that includes a wonderful easy to make soup (a gift sure to please!). The cost for the class and ingredients is \$5.00 (includes additional jar recipes). **Instructor - Catherine Anderson-Barnes. Date - Monday, December 11. Time - 6:30 p.m. Location - Ashby School Cafeteria. Fee - \$5.**

GINGERBREAD HOUSE – Gingerbread houses are a family tradition enjoyed by the whole family! They can be displayed on your table for Christmas or can spruce up a corner in your home. This class consists of lots of icing and many candy decorations, pretzels, etc. The cost is \$10 per house. Must pre-register by November 27th. **Instructor - Marie Hoff. Date - Monday, December 4. Time - 6-7 p.m. Location - Ashby School Cafeteria. Fee - \$10 per house.**

REGISTRATION FORM

Make checks payable to: Ashby Public School

Mail to: Community Education, c/o Ashby Public School
PO Box C, Ashby, MN 56309

Name _____

Address _____

City _____

Telephone (Home) _____

Telephone (Business) _____

Course(s) _____

Amount Enclosed \$ _____

Any ideas or would like to teach a class, please email Marie at marieh@rmcep.com or put suggestions in Marie Hoffman's mailbox at the Ashby School or call/text 218-770-4740.