

June 2017 Free Summer Breakfast- Served Mon–Thurs. 8:15–9:15 AM



Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2	3
4	5 Granola Bar Yogurt Fresh Fruit Fruit Juice Milk	6 Whole Grain Bagel Fresh Fruit Fruit Juice Milk	7 Yogurt Parfait Granola Fresh Fruit Fruit Juice Milk	8 Smucker's WG Crustables Fresh Fruit Fruit Juice Milk	9	10
11	12 WG Asst. Cereals Fresh Fruit Fruit Juice Milk	13 WG Blueberry Muffin Yogurt Fresh Fruit Fruit Juice Milk	14 Granola Bar String Cheese Fresh Fruit Fruit Juice Milk	15 Chex Mix Go-Gurt Fresh Fruit Fruit Juice Milk	16	17
18	19 Nutrigrain Bar Fresh Fruit Fruit Juice Milk	20 Mini Bagel Fresh Fruit Fruit Juice Milk	21 Breakfast Pizza Fresh Fruit Fruit Juice Milk	22 WG Cinnamon Roll String Cheese Fresh Fruit Fruit Juice Milk	23	24
25	26 WG Asst. Cereals Fresh Fruit Fruit Juice Milk	27 WG Bagel Yogurt Fresh Fruit Fruit Juice Milk	28 Smucker's WG Crustables String Cheese Fresh Fruit Fruit Juice Milk	29 Granola Bar Go-Gurt Fresh Fruit Fruit Juice Milk	30	1

October 2016

Breakfast and Lunch Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 WG Cereals, Yogurt Chicken Strips, Mashed Potatoes, Veggies, Fruit	4 WG Bagel, Gogurt, Fruit Beef Stroganoff, Peas, Fruit	5 Yogurt Parfait w/ granola and berries Tacos, Spanish Rice, Black Beans, Fruit	6 Breakfast Bar, Fruit Scalloped Potatoes w/ Ham, Carrots, Fruit	7 WG Cereal, Fruit Chicken Patty, Oven Potatoes, Veggies, Fruit	8
9	10 WG Cereals, Fruit Italian Dunkers w/ meat sauce, Lettuce Salad, Fruit	11 Granola Bar, Fruit Cook's Choice	12 WG Uncrustables, String Cheese, Fruit Chicken Noodle Soup, Asst. Sandwiches, Veggies/Dip, Fruit	13 WG Cereals, Yogurt, Fruit Hamburger Gravy, Mashed Potatoes, Carrots, Fruit	14 WG Cinnamon Roll, Fruit Pulled Pork, Coleslaw, Baked Beans, Fruit	15
16	17 WG Cereals, Toast, Fruit Stuffed Crust Pizza, Corn, Fruit	18 Cook's Choice Chicken Alfredo, Steamed Veggies, Fruit	19 WG Bagel, Gogurt, Fruit All Beef Hot Dogs, Baked Beans, Fruit	20 NO SCHOOL-MEA	21 NO SCHOOL-MEA	22
23	24 NO SCHOOL-Parent/Teacher Conferences	25 Uncrustables, Gogurt, Fruit French Toast Stix, Sausage Link, Tri-tator, Fruit	26 WG Muffins, String Cheese, Fruit Deli Sandwich, Chips/Salsa, Crackers/Hummus, Fruit	27 Cereal Bar, Fruit Beef Corndog, Oven Potatoes, Baked Beans, Fruit	28 WG Cereal, Fruit Super Nachos, Fruit	29
30	31 WG Cereals, String Cheese, Fruit Spaghetti w/ meat sauce, Steamed Broccoli, Fruit					

Skim, 1 %, & Fat Free Chocolate Milk available with Breakfast and Lunch daily. Assorted Fruit Juices available with Breakfast daily. Menus are subject to change. Salad Bar on Tuesdays and Thursdays for Grades 6th-12th.

November 2016 Breakfast and Lunch Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31 WG Cereals, String Cheese, Fruit Spaghetti w/ meat sauce, Steamed Broccoli, Fruit	1 Breakfast Pizza, Fruit Chicken Noodle Hot dish, Baby Carrots, Fruit	2 WG Cereal, Fruit Chili, Breadsticks, Veggies, Fruit	3 Granola Bar, Gogurt, Fruit Shrimp Poppers, Mac & Cheese, Coleslaw, Fruit	4 WG Roll, String Cheese, Fruit Chicken Nuggets, Mashed Potatoes & Gravy, Corn, Fruit	5
6	7 WG Cereal, Fruit Taco's w/ Fixings, Spanish Rice, Black Beans, Fruit	8 WG Bagel, Yogurt Lasagna, Corn, Fruit	9 Yogurt Parfait, Granola Mini Corndogs, Smiles, Veggies, Fruit	10 Nutrigrain Bar, String Cheese Scalloped Potatoes w/Ham, Corn, Fruit	11 WG Cereal, Fruit Chicken Patty, Oven Fries, Baked Beans, Fruit	12
13	14 WG Cereal, Yogurt, Fruit Stuffed Crust Pizza, Corn, Fruit	15 Granola Bar, String Cheese, Fruit Beef Stroganoff, Peas, Fruit	16 WG Uncrustables, Fruit Tomato Soup, Grilled Cheese, Veggies, Fruit	17 WG Cereal, Fruit Cook's Choice	18 WG Cinnamon Roll, Fruit Thanksgiving Meal	19
20	21 WG Cereal, Fruit Turkey Wrap, Sun Chips, Veggies, Fruit	22 WG Bagel, Yogurt Hamburger, Oven Fries, Baked Beans, Fruit	23 Breakfast Pizza, Fruit Chicken Quesadilla, Romaine Lettuce Salad, Fruit	24 NO SCHOOL HAPPY THANKSGIVING!!	25 NO SCHOOL	26
27	28 WG Cereal, Fruit BBQ's, Baked Beans, Chips, Fruit	29 WG Muffin, Fruit Pancakes, Sausage Links, Hash-browns, Fruit	30 Yogurt Parfait, Granola, Fruit Chicken Alfredo, Steamed Veggies, Fruit	1	2	3

December 2016 Breakfast and Lunch Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	1 Cereal, Fruit Chicken Chow Mein, Rice, Veggies, Fruit	2 Cinnamon Roll, Fruit Turkey Wraps, Veggies/Dip, Chips & Salsa, Fruit	3
4	5 Cereal, Fruit Chicken Strips, Oven Potatoes, Veggies, Fruit	6 Bagel, Fruit Cook's Choice	7 Un crustables, Fruit Build A' Burger w/ Fixings, Oven Potatoes, Fruit	8 Cereal, Fruit Scalloped Potatoes w/ Ham, Veggies, Fruit	9 Breakfast Pizza Chicken Noodle Soup, Asst. Sandwiches, Veggies/Dip, Fruit	10
11	12 Cereal, Fruit Chicken Nuggets, Mashed Potatoes, Carrots, Fruit	13 Cook's Choice Chili, Breadsticks, Veggies, Fruit	14 Yogurt Parfait w/ Granola, Fruit Taco's in a Bag, Spanish Rice, Fruit	15 Granola Bar, Fruit Beef Stroganoff, Peas, Fruit	16 Cereal, Fruit French Bread Pizza, Romaine Lettuce Salad, Fruit	17
18	19 Cereal, Fruit Chicken Alfredo, California Blend Veggies, Breadstick, Fruit	20 Nutrigrain Bar, Fruit Pulled Pork Sandwiches, Cole- slaw, Chips/Salsa, Fruit	21 Bagel, Fruit Beef Enchiladas, Black Beans, Spanish Rice, Romaine Lettuce Salad, Fruit	22 Cereal, Fruit Spaghetti w/ meat sauce, Green Beans, Fruit	23 WG Rolls, Fruit Cook's Choice	24
25	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL	31

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January 2017

Breakfast and Lunch Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 NO SCHOOL	3 WG Cereal, String Cheese, Fruit Chicken Quesadilla, Romaine Lettuce Salad, Fruit	4 WG Bagel, Yogurt, Fruit Tomato Soup, Grilled Cheese Sandwiches, Veggies/Dip, Fruit	5 Yogurt Parfait, Granola, Fruit Hamburger Gravy, Mashed Potatoes, Green Beans, Fruit	6 WG Cinnamon Roll, Go-Gurt, String Cheese, Fruit Super Nachos w/ Fixings, Nacho Cheese Sauce, Fruit	7
8	9 WG Cereal, Yogurt, Fruit Italian Dunkers w/Meat Sauce, Romaine Lettuce Salad, Fruit	10 Uncrustables, String Cheese, Fruit Cook's Choice	11 Breakfast Pizza, Fruit BBQ's, Baked Beans, Coleslaw, Fruit	12 Granola Bar, Go-Gurt, Fruit Orange Chicken, WG Rice, Green Beans, Fruit	13 Waffle Sticks, Fruit Stuffed Crust Pizza, Corn, Fruit	14
15	16 NO SCHOOL	17 WG Cereal, Go-Gurt, Fruit Scalloped Potatoes w/ Hamburger, Carrots, Fruit	18 Bagel, String Cheese, Fruit Shrimp Poppers, Mac & Cheese, Coleslaw, Fruit	19 WG Cereal, Toast Beef Corndog, Potato Smiles, Baked Beans, Fruit	20 French Toast Sticks, Fruit Chicken Patty, Oven Potatoes, Fresh Veggies, Fruit	21
22	23 WG Cereal, Yogurt Chili, WG Breadstick, Romaine Lettuce Salad, Fruit	24 WG English Muffin, Go-Gurt, Fruit Chicken Chow Mein w/ Rice, Celery Sticks, Fruit	25 Nutrigrain Bar, String Cheese, Fruit Deli Sandwich, Tortilla Chips w/ Salsa, Coleslaw, Fruit	26 Yogurt Parfait, Granola, Fruit Lasagna, Corn, Fruit	27 Egg bake, Toast, Fruit Tacos w/ Fixings, Spanish Rice, Black Beans, Fruit	28
29	30 WG Cereal, String Cheese, Fruit Hamburger, Oven Fries, Baked Beans, Fruit	31 WG Bagel, Yogurt, Fruit Chicken Pot Pie, Biscuits, Fruit				

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February 2017

Breakfast and Lunch Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31	1 Blueberry Muffin String Cheese, Fruit Super Nacho w/ Meat and Cheese, Lettuce Salad Fruit Choice	2 Cereal, Fruit Cream Chicken Gravy, Mashed Potatoes, Sliced Carrots Fruit Choice	3 Assort. Roll, Go Gurt Fruit Turkey Wrap, Veggies/Dip Tortilla Chip w/salsa Fruit Choice	4
5	6 Cereal, String Cheese Fruit Chicken Nuggets, Mashed Potatoes, Gravy, Carrots Fruit Choice	7 Granola Bar, Go-Gurt Fruit French Toast Sticks, Sausage Link, Tri-Tator Fruit	8 English Muffin, Yogurt Fruit Sloppy Joe/Bun Coleslaw, Chips Baked Beans , Fruit Choice	9 Cereal, Yogurt, Fruit Choice Beef Stroganoff, Broccoli, Fruit Choice	10 Yogurt Parfait, Fruit, Granola Chicken Quesadilla Lettuce Salad, Black Beans Fruit Choice	11
12	13 Cereal, Toast, Fruit Pulled Pork Sliders, Coleslaw, Baked Beans Fruit Choice	14 Bagel, Go-Gurt, Fruit Lasagna Creamed Corn, Fruit Choice	15 Chex Mix, Yogurt, Fruit Chicken Alfredo, Steamed Veg, Bread Stix. Fruit Choice	16 Cereal, Fruit Cook's Choice	17 Cinnamon Roll, String Cheese, Fruit French Bread Pizza, Lettuce Salad Fruit Choice	18
19	20 No School	21 Cereal, Fruit Spaghetti w/meat sauce Romaine Lettuce Salad Fruit Choice	22 Nutrigrain Bar, Go-Gurt Fruit Orange Chicken, w/Rice Green Beans	23 Breakfast Pizza, Fruit Shrimp Poppers, Mac & Cheese Broccoli/Cauliflower Fruit Choice	24 No School Staff Day	25
26	27 Cereal, Yogurt, Fruit Choice Chicken Noodle Soup, Assorted Sandwiches, Veg/Dip Fruit Choice	28 Yogurt Parfait, Granola, Fruit Scalloped Potatoes w/Ham Peas Fruit Choice	1	2	3	4

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March 2017

Breakfast and Lunch Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27 Cereal, Fruit Chicken Noodle Soup, Asst. Sandwiches, Veggies/Dip, Fruit	28 Yogurt Parfait, Granola, Fruit Scalloped Potatoes w/ Ham, Peas, Fruit	1 Granola Bar, String Cheese, Fruit Hot Dogs, Baked Beans, Chips, Apple Crisp	2 Bagel, Fruit Chicken Chow Mein, Rice, Egg Roll, Celery, Fruit	3 Cereal, Go-Gurt, Fruit Cheese Quesadilla, Black Beans, Lettuce Salad, Fruit	4
5	6 Cereal, Fruit Chicken Alfredo, Romaine Lettuce Salad, Fruit	7 Uncrustables, Go-Gurt, Fruit Beef Stroganoff, Peas, Fruit	8 Breakfast Pizza, Fruit Chicken Patty, Oven Potatoes, Baked Beans, Fruit	9 Nutrigrain Bar, String Cheese, Fruit Hamburger Gravy, Mashed Potatoes, Carrots, Fruit	10 Cinnamon Roll, Go-Gurt, Fruit Grilled Cheese, Tomato Soup, Veggies/Dip, Fruit	11
12	13 Cereal, Yogurt, Fruit Chili, Breadstick, Romaine Lettuce Salad, Fruit	14 WG Asst. Rolls, String Cheese, Fruit Chicken Pot Pie over Biscuit, Celery, Fruit	15 Granola Bar, Go-Gurt, Fruit Turkey Wrap, WG Tortilla Chips w/ Salsa, Baby Carrots, Fruit	16 Cereal, Fruit Lasagna, Corn, Fruit	17 Yogurt Parfait, Granola, Fruit BBQ's, Coleslaw, Baked Beans, Fruit	18
19	20 Cereal, Cinnamon Toast, Fruit Spaghetti, Romaine Lettuce Salad, Fruit	21 Chex Mix, Go-Gurt, Fruit Teriyaki Chicken, Rice, Green Beans, Fruit	22 English Muffin, Yogurt, Fruit Chicken Nuggets, Mashed Potatoes/Gravy, Carrots, Fruit	23 Cereal, Fruit Waffle Sticks, Sausage Links, Tri-Tator, Fruit	24 WG Roll, String Cheese, Fruit Pizza, Corn, Fruit	25
26	27 Cereal, String Cheese, Fruit Tacos, Spanish Rice, Black Beans, Fruit	28 Uncrustables, Go-Gurt, Fruit Cook's Choice	29 Scrambled Eggs, Sausage Link, Fruit Hamburger, Baked Beans, Oven Potatoes, Fruit	30 Muffin, Yogurt, Fruit Scalloped Potatoes w/ Ham, Peas, Fruit	31 Cereal, Fruit Shrimp Poppers, Mac & Cheese, Carrots, Fruit	1

April 2017

Breakfast and Lunch Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Cereal, Fruit Corndog, Smiles, Green Beans, Fruit	4 Granola Bar, String Cheese, Fruit Beef Stroganoff, Peas, Fruit	5 Cereal, Fruit Deli Sandwich, Raw Veggies, Tortilla Chips w/salsa, Fruit	6 Bagel, Fruit Chicken Pot Pie, Mashed Potatoes, Corn, Fruit	7 Yogurt Parfait, Granola, Fruit Cheese Quesadilla, Black Beans, Romaine Salad, Fruit	8
9	10 Cereal, fruit Chicken Alfredo, Veggie Blend, Fruit	11 Chex Mix, String Cheese, Fruit Cook's Choice	12 Unrustables, Yogurt, Fruit Pulled Pork, Coleslaw, Potato Salad, Fruit	13 Cinnamon Roll, String Cheese, Fruit Hotdogs, Baked Beans, Fruit	14 NO SCHOOL	15
16	17 NO SCHOOL	18 NO SCHOOL	19 Cereal, Yogurt, Fruit Pizza, Corn, Fruit	20 Bagel, String Cheese, Fruit Chicken Strips, Mashed Potatoes, Carrots, Fruit	21 Breakfast Pizza, Fruit Super Nachos, Lettuce Salad, Black Beans, Fruit	22
23	24 Cereal, Fruit Spaghetti w/meat sauce, Green Beans, Fruit	25 Unrustables, Fruit Scalloped Potatoes w/ Ham, Corn, Fruit	26 Cereal, Gogurt, Fruit Beef Enchiladas, Romaine Salad, Spanish Rich, Black Beans, Fruit	27 Nutrigrain Bar, String Cheese, Fruit Teriyaki Chicken, Rice, Bell Peppers, Fruit	28 Yogurt Parfait, Granola, Fruit Shrimp Poppers, Oven Potatoes, Carrots, Fruit	29
30						

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May 2017

Breakfast and Lunch Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	<p>1</p> <p>WG Cereal, Fruit</p> <p>Tomato Soup, Grilled Cheese Sandwiches, Veggies/Dip, Fruit</p>	<p>2</p> <p>Blueberry Muffin, Fruit</p> <p>Chicken Nuggets, Mashed Potatoes/Gravy, Carrots, Fruit</p>	<p>3</p> <p>Granola Bar, String Cheese, Fruit</p> <p>BBQ's, Baked Beans, Coleslaw, Fruit</p>	<p>4</p> <p>WG Cereal, Go-Gurt, Fruit</p> <p>Chicken Quesadilla, Black Beans, Romaine Lettuce Salad, Salsa, Fruit</p>	<p>5</p> <p>Bagel, Yogurt, Fruit</p> <p>French Toast Sticks, Tri-Tator, Sausage Links, Fruit</p>	6
7	<p>8</p> <p>Chex Mix, Fruit</p> <p>Stuffed Crust Pizza, Corn, Apple Crisp</p>	<p>9</p> <p>Uncrustables, Fruit</p> <p>Pulled Pork Sandwiches, Baked Beans, Coleslaw, Fruit</p>	<p>10</p> <p>Cereal, Fruit</p> <p>Chicken Patty/ Mr. Rib, Oven Potatoes, Peach Betty</p>	<p>11</p> <p>WG Cinnamon Roll, Fruit</p> <p>Chicken Alfredo, Breadsticks, Steamed Broccoli, Strawberries</p>	<p>12</p> <p>Breakfast Pizza, Fruit</p> <p>Build A Burger, Smiles, Fruit</p>	13
14	<p>15</p> <p>Cook's Choice</p> <p>Cook's Choice</p>	<p>16</p> <p>Cook's Choice</p> <p>Cook's Choice</p>	<p>17</p> <p>Cook's Choice</p> <p>Cook's Choice</p>	<p>18</p> <p>Cook's Choice</p> <p>Cook's Choice</p>	<p>19</p> <p>Cook's Choice</p> <p>Cook's Choice</p>	20
21	<p>22</p> <p>Cook's Choice</p> <p>Cook's Choice</p>	<p>23</p> <p>Cook's Choice</p> <p>Cook's Choice</p>	<p>24</p> <p>Cook's Choice</p> <p>Cook's Choice</p>	<p>25</p> <p>Cook's Choice</p> <p>Cook's Choice</p>	<p>26</p> <p>Cook's Choice</p> <p>Cook's Choice</p>	27
28	29	30	31			

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