

September 2017

Breakfast and Lunch Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1	2
<p>*** NEW THIS YEAR: Alternate Meal – Salad Bar everyday for Grades 5th-12th. Fresh Veggie and Fruit Bar offered everyday for ALL Students. ***</p>						
3	4	5 WG Muffin, String Cheese, Fruit Orange Chicken, WG Rice, Green Beans	6 Yogurt Parfait, Fruit BBQ's, Baked Beans, Coleslaw	7 WG Cereals, Yogurt Beef Enchiladas, Spanish Rice	8 WG Cinnamon Roll, String Cheese Stuffed Crust Pizza, Corn	9
10	11 WG Cereals, Yogurt Hot Ham & Cheese, Smiles	12 Breakfast Pizza, Fruit Spaghetti w/ meat sauce, Garlic Toast, Green Beans	13 WG Bagel, Go-Gurt Chicken Patty, Oven Potatoes	14 Nutrigrain Bar, String Cheese Turkey Wrap, Chips/Salsa	15 Breakfast Burrito, Fruit Taco's Hard/Soft Shell, Spanish Rice, Refried Beans	16
17	18 WG Cereals, Fruit Chicken Alfredo, Breadstick, Veggie Blend	19 Mini Bagel, Fruit Hamburger Gravy, Mashed Potatoes, Carrots	20 WG Asst. Rolls, String Cheese Hot Dog, Baked Beans	21 WG Muffin, Yogurt Shrimp Poppers, Mac & Cheese, Peas	22 Yogurt Parfait, Granola, Fruit Chicken Quesadilla, Black Beans	23
24	25 WG Cereals, Yogurt Scalloped Potatoes w/ Ham, Peas	26 Ham & Cheese Omelet, Toast Hamburger, French Fries	27 Breakfast Pizza, Fruit French Toast Sticks, Sausage Links, Tri-tator	28 WG Cereal, Yogurt Chicken Strips, Mashed Potatoes, Cooked Carrots	29 WG Muffin, String Cheese Super Nachos w/ Fixings, Refried Beans	30

Skim, 1 %, & Fat Free Chocolate Milk available with Breakfast and Lunch daily. Assorted Fruit Juices available with Breakfast daily. Menus are subject to change.