

October 2017

Breakfast and Lunch Calendar



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|---|---|---|--|-----|
| 1 | 2 WG Cereal, Fruit Cook's Choice | 3 WG Muffin, String Cheese Teriyaki Chicken, Rice, Broccoli | 4 Yogurt Parfait BBQ's, Chips, Coleslaw | 5 WG Cereal, Yogurt Popcorn Chicken, Smiles, Broccoli/Cauliflower | 6 WG Cinnamon Roll, String Cheese Taco's w/ Fixings, Black Beans, Spanish Rice | 7 |
| 8 | 9 WG Cereal, Fruit All Beef Corndog, Oven Potatoes, Carrots | 10 Breakfast Pizza Pulled Pork Sandwiches, Cole-slaw, Baked Beans | 11 WG Cereal, Fruit Spaghetti, Garlic Toast, Broccoli | 12 Bagel, String Cheese Turkey Wrap, Chips w/ Salsa, Veggies/Dip | 13 WG Cinnamon Roll, Gogurt Pizza, Corn | 14 |
| 15 | 16 WG Cereal, Yogurt Chicken Alfredo, Breadstick, Vegetable Blend | 17 WG Assorted Rolls Deli Sandwich, Chips w/ Salsa, Coleslaw | 18 Breakfast Pizza Hot Dogs, Chips, Baked Beans | 19 NO SCHOOL-MEA | 20 NO SCHOOL-MEA | 21 |
| 22 | 23 WG Cereal, Fruit Chicken Strips, Mashed Potatoes w/ Gravy, Carrots | 24 Mini Bagel, Gogurt Hamburger, Oven Potatoes | 25 WG Muffin, String Cheese French Toast Sticks, Sausage Links, Tri Tator | 26 WG Cereal, Fruit Beef Stroganoff, Green Beans | 27 Yogurt Parfait Shrimp Poppers, Mac & Cheese, Green Beans | 28 |
| 29 | 30 WG Cereal, Fruit Scalloped Potatoes w/ Hamburger, Peas | 31 Cook's Choice Cook's Choice | | | | |

Alternate Meal—Soup and Salad Bar served everyday for Grades 5th-12th. Fresh Veggie and Fruit Bar available for all students. Assorted fruit juices and milk available daily at Breakfast; Milk and Water available daily for Lunch. **Menus are subject to change**